

## The Charades Guide For Measuring - Ladies

Here at Charades we understand that everyone has their own methods of measuring, but please be aware we ask you take your measurements for us in this manner as it is based upon how we measure garments before assigning them to your cast. This is so we can make sure that we give you the costumes that are the best fit for your performer.
Please ask all performers to wear similar shoes and underwear to what they expect to wear in the show when being measured as this can affect fit of costume and can alter measurements

## Playing Age

While we are not asking for your personal age, this is just the age of your character on stage. Styles can vary between age groups in some time periods so this helps us give out appropriate clothing for the character.

## Hair/Wig Colour

This allows us to make sure we can give out clothing that will compliment the performer. If a performer has an aversion to a certain colour, you can also let us know this so we can avoid it.

## Height

Please give this in feet and inches, usually you can ask 1. your performer as they probably know their heigh already.
$\underset{\mp}{\text { Э }}$ Dress Size
What size you usually purchase "off the rack". We understand this varies from store to store but can still be a helpful piece of information in giving out costumes. These are to be given with the rest of the measurements.

## Bust

Measure this over the widest part of the bust and round the back. Please do not submit bra sizes.

## Waist

This is the circumference of your waist at its natural waistline, just above the bellybutton and below the ribcage. Do not suck in when being measured and please give an honest size at the time of measuring no predicting what you will be at the time of show etc. It can be helpful to tie ribbon/string/tape around the waist for measurements later on.

## Hip

This is your hips at their widest point around the seat.

## Inside Leg

The tape measure should sit neatly at the top of your inner leg, where trousers would sit near the crotch, and finish at the ankle/top of the shoe. Keep the leg straight and upright.

## Cross Back

Straight across the back. Imagine it's between two t-shirt shoulder seams. Stand straight with shoulders in a natural position

## Nape to Waist

From the nape bone of the neck (Where a back neckline would sit on a t-shirt) and straight down to the waist. It can be handy to tie a ribbon or string around the waist so that this measurement ends where the waist to ankle and waist to knee measurements start.

## Waist to Under Knee

From the waist down the outside of the leg to just below the knee. This is where hemlines finish for certain eras so please make sure it is not above the knee or in the middle of the kneecap.

## Waist to Ankle Bone

Again, start from the waist and measure the outside of the leg down to the ankle bone. This should end at the top of the shoe, on the bottom side of the ankle bone rather than at the top.

## Outside Arm Straight

This is simply from the top of the arm down to the wrist in a straight line with the arm by your side Please do not bend your arm when measuring and start at the top of the arm (Where a seam would sit) and not on the shoulder or from the back.

## Head

Circumference of your head at the widest point. Please do not give us hat sizes.

## Shoe Size

You can ask your performer for this measurement, if they differ in size at different stores e.g. a 4 or a 5, please put both numbers here.

If your performer has any markings or tattoos we ought to be aware of, please let us know, or if they have trouble with fits in certain areas (such as muscular arms) please provide a note and a measurement of the area.

